



MAJOR ATOM "B"

Coach Introduction

2009-2010 Season

I would like to welcome all the players who will be participating in tryouts for the Ottawa Sting Major Atom B team this year. We will give your son or daughter every opportunity to make this year's team.

My name is Chris Blois and I will be coaching with Bob Bullard as I have been for the past twenty-three years. We have spent the majority of that time coaching for the East Ottawa Vanier Voyageurs Hockey Association. As well, we also ran the conditioning camp for the Voyageurs. Bob and I have no children playing for the Sting and we will ask parents to fill vacant spots to run the team for the upcoming season once the tryouts are completed.

Our goal each year is to develop the kids so they can take the next step in their dream to one day play in the NHL. Our practices will consist of a number of different skating drills, puck handling, and passing drills. The goalies will face a number of shots in practice as well as coaching from some of the goalies we have coached in the past.

I have entered the team in four tournaments this year so far, I would like to attend six tournaments for the upcoming season. Here are the tournaments so far.

Nepean	October (Thanksgiving)
Kingston	October
Pembroke, Silver Stick	November
Bell Capital Cup	December

We will try and keep the cost to about \$1,000.00 as much as possible. We will have a meeting as soon as the team is picked to discuss a budget for the season.

Looking forward to the upcoming season and we will see you at tryouts, all the best to all the kids at the AA/A tryouts and we will see the rest of you on September 9th.

Chris Blois
Head Coach, Ottawa Sting Major Atom B