

# Sting: Sept 6 SAG Evals Final

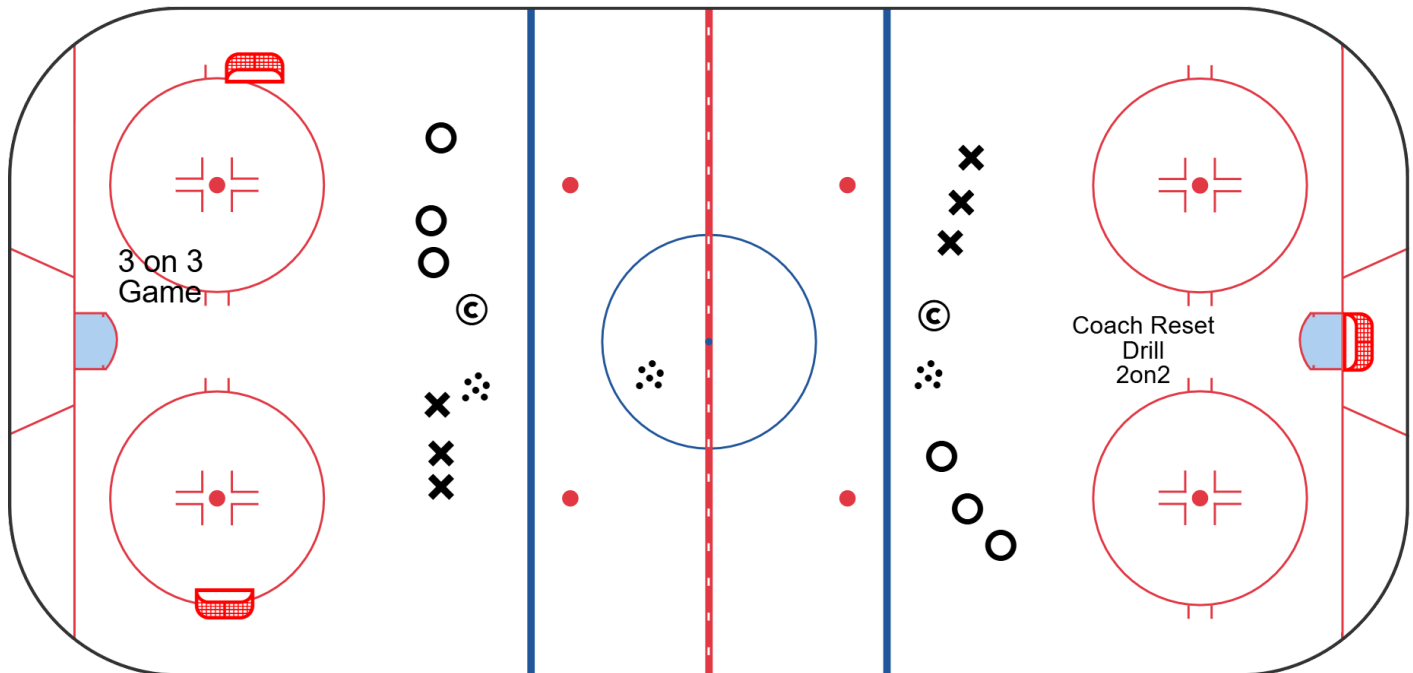
Date: Sep 2 2025

Time: 3:49 pm

Duration: 45 mins

Sting Evals: Small Area Games Final Shared

30 mins



## Description

### 3 v 3 (15mins): Two evaluators

Cross ice, 2goalies

Rotate Players, ensure players are not always facing same ones

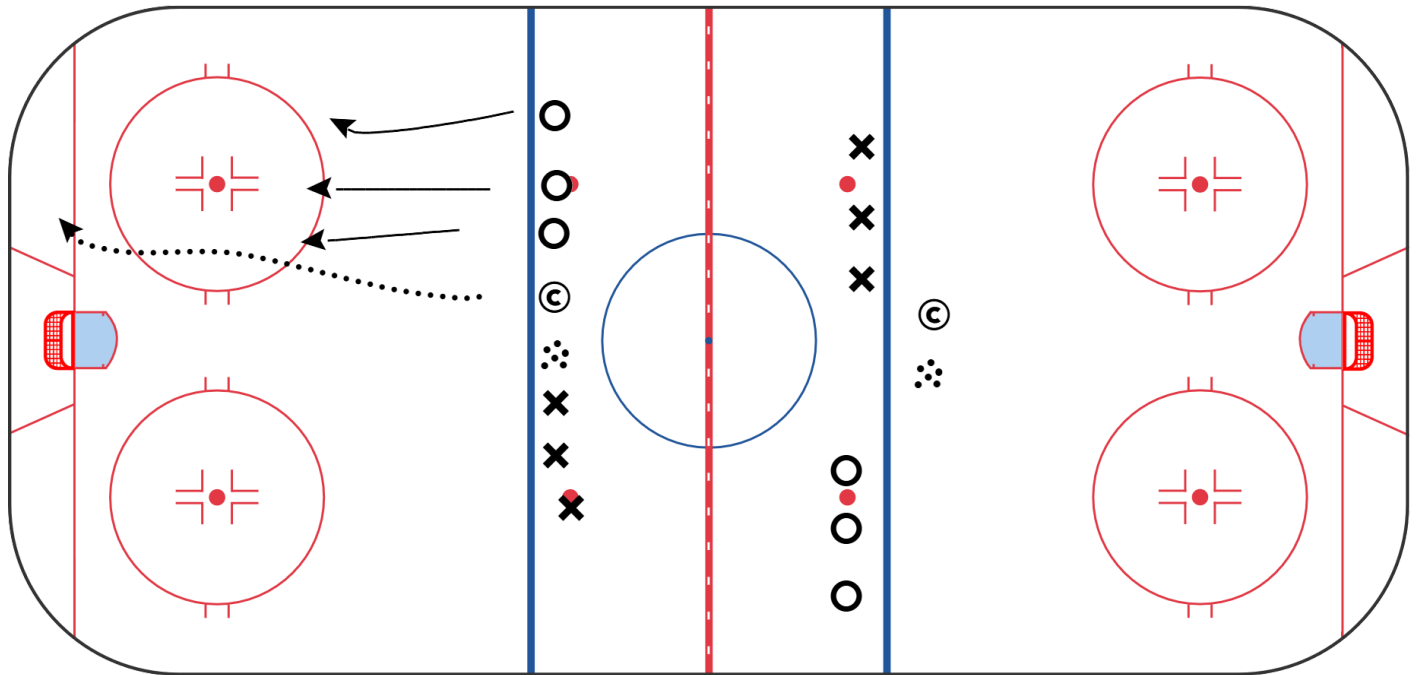
### Puck Reset Drill 2v2 (15mins): Two evaluators

OneGoalie

Rotate Players, ensure players are not always facing same ones

Coach dumps puck in corner. 2 White Jerseys and 2 Black Jerseys attack. Team who retrieves puck is on offence, other team on defense.

When puck changes possession, team with puck must pass back to coach to "Reset" before going on offence. Continue play until goal or coach blows whistle.



### Description

#### **Keep away small area - 3 players fight for puck (15 mins): Two Evaluators**

Make sure to rotate players who are against each other

Start with race and then players play keep away in contained area (blue line in)

On Whistle, Shot on goal

If player scores quick, through in another puck.

If goalie freezes, make goalie dump into corner